

Post-Operative Instructions Following Crown & Bridge, Crowns, Inlays, or Onlays

After the permanent restoration has been delivered:

- **Chewing:** Do not chew hard foods on the restorations for 2 hours from the time they were cemented. The cement must mature for about 2 hours to have optimum strength.
- **Sensitivity:** Mild sensitivity to hot or cold foods is common. It should disappear gradually over a few weeks. Infrequently, sensitivity lasts longer than six weeks. Please tell us if this occurs.
- **Aggressive chewing:** Do not chew ice or other hard objects. Avoid chewing very sticky foods such as “hard tack” candies because they can damage or loosen the restoration.

Please call our office at any time if you have any questions (517) 351-1733

Mashni Dentistry Team